

Colonial Behavioral Health's FY2020 Annual Report



Leadership Team

David A. Coe, *Executive Director*

Keith German, *Director of Administrative Services*

Dan A. Longo, *Director of Behavioral Services*

Marsha Obremski, *Director of Child & Adolescent Services*

Nancy Shackelford, *Director of Human Resources*

Deborah Townsend-Pittman, *Director of Rehabilitative Services*

Kari G. Traver, *Director of Information Services*

Reach of Services

4,138

community members received services



886

children & adolescents
(ages 0-17)



2,708

adults
(ages 18-59)



544

geriatric
(ages 60+)

108,470*

total interactions between CBH staff and individuals, families and groups served

51,678*

total number of individual, family, and group appointments

545

individuals received developmental disability services

1,934

individuals received emergency or other services

1,986

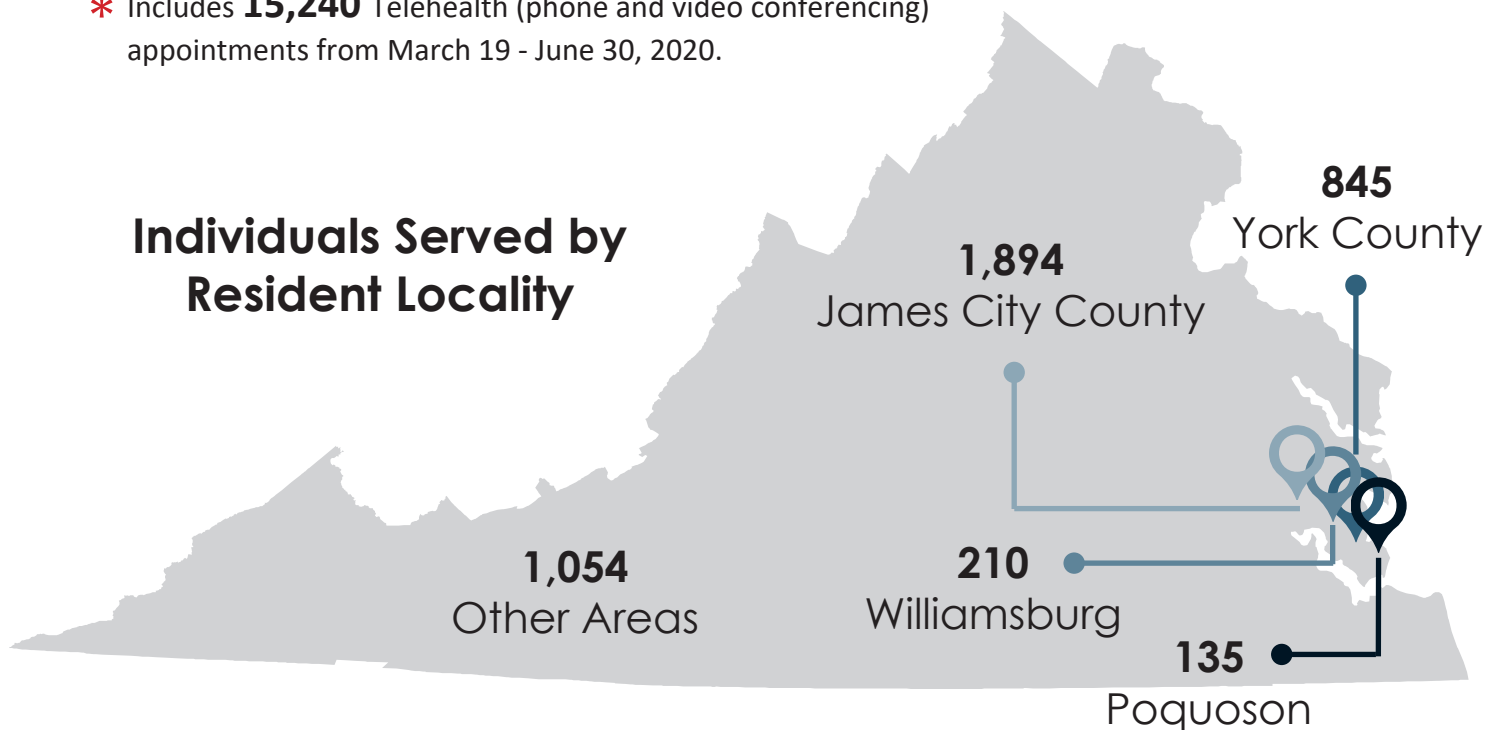
individuals received mental health services

586

individuals received substance use disorder services

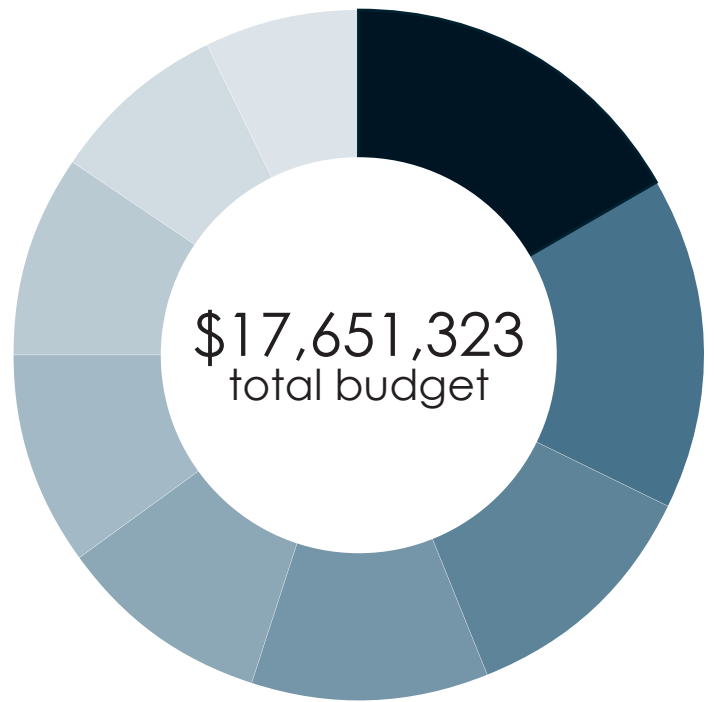
* Includes **15,240** Telehealth (phone and video conferencing) appointments from March 19 - June 30, 2020.

Individuals Served by Resident Locality



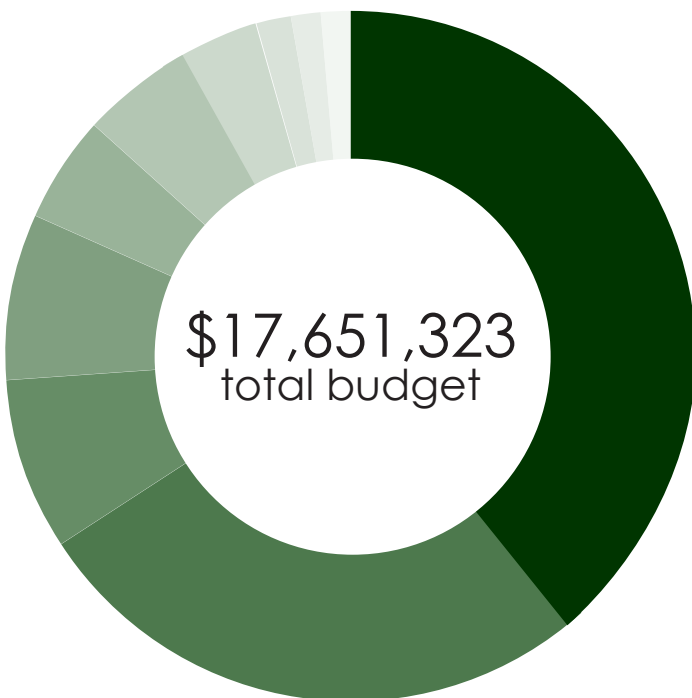
Spending

- *Child & Adolescent Services* \$2,879,266
- *Community Support* \$2,544,655
- *Adult Outpatient Services* \$2,222,554
- *Day Support* \$1,839,483
- *Residential Services* \$1,814,230
- *Emergency Services* \$1,748,335
- *Medical Services* \$1,691,175
- *Administrative* \$1,574,331
- *Program of Assertive Community Treatment* \$1,337,294



Revenue

- *State Funding* \$7,035,731
- *Medicaid* \$4,594,923
- *James City County* \$1,732,000
- *Fees* \$1,432,657
- *York County* \$869,000
- *Federal Funding* \$771,588
- *Williamsburg Health Foundation* \$533,000
- *City of Williamsburg* \$259,000
- *Other Grants and Revenue* \$233,424
- *City of Poquoson* \$190,000



Executive Director's and Chairman's Message

When we here at Colonial Behavioral Health thought about and planned for 2020, we did not include a pandemic among the possible scenarios. When the COVID-19 pandemic emergency arrived in March 2020, almost everyone was caught somewhat "off guard," and we were no exception. We were all forced to modify our operation to a primarily telehealth model, have most employees begin to telework, and rethink the way we approached services and work in general.

Those first few days and weeks were admittedly difficult, and we found ourselves in need of friends and flexibility. Fortunately, we were provided with both. Local and state agencies, friends, neighbors, family members and private groups worked to donate masks and other Personal Protective Equipment. Flexibility in the use of some types of funding was provided locally and at the state level. Additional flexibility in support of telehealth services was (and still is) provided by Federal and state government, and also by insurers. All of this, coupled with support from our own staff and Board of Directors, added up to an operational model that has worked. We are deeply grateful to each of you.

So now we find ourselves in the middle of the pandemic, and are able to begin looking to the day when the COVID-19 pandemic emergency will be a memory. We are thinking about how healthcare will be reshaped, how behavioral health and developmental services will evolve, and how we need to adapt in order to thrive in that environment. What we are discovering is that our pre-COVID plans – for improved service mobility, integrated healthcare, consolidated facilities, and improved technology to enhance access to higher-quality services – have not changed. In some cases, COVID has accelerated change to a pace we would not have imagined.

Fiscal Year 2021 will be our 50th in providing services. We have been privileged to support our communities since 1971. As we anticipate our second half-century, we will remember COVID-19 as a devastating virus that disrupted the lives of individuals and families, brought loss to many, and changed our culture permanently. The need for improved access to healthcare for everyone has been clearly demonstrated, and we look forward to meeting that challenge head-on. Together, we will make it a reality.



David A. Coe
Executive Director



Dr. Alfred Brassel, Jr.
Board Chair

2020 Board of Directors

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John Kuplinski, **Vice Chair**, James City County
Rebecca Vinroot, **Treasurer**, James City County
Dr. Baljit Gill, **Secretary**, York County
Hazel Braxton, **Member at-large**, City of Williamsburg

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June Hagee, James City County
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Cynthia Spitzer, City of Poquoson
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