

# Colonial Behavioral Health's

# FY2023

## Annual Report



## Leadership Team

**David A. Coe**, Executive Director  
**Nancy Parsons**, Director of Fiscal Services  
**Dan A. Longo**, Director of Behavioral Services  
**Marsha Obremski**, Director of Operations  
**Chaenn Thomas**, Director of Human Resources  
**Linda Butler**, Director of Developmental Services  
**Katie Leuci**, Director of Information Services  
**Kyra Cook**, Director of Special Projects

# Colonial Behavioral Health

## Reach of Services

**3,410**

community members received services



**813**

children & adolescents  
(ages 0-17)



**2,221**

adults  
(ages 18-59)



**376**

seniors  
(ages 60+)

**66,881\***

total interactions between CBH staff and individuals, families and groups served

**45,510\***

total number of individual, family, and group appointments

**574**

individuals received developmental disability services

**1754**

individuals received emergency or other services

**2282**

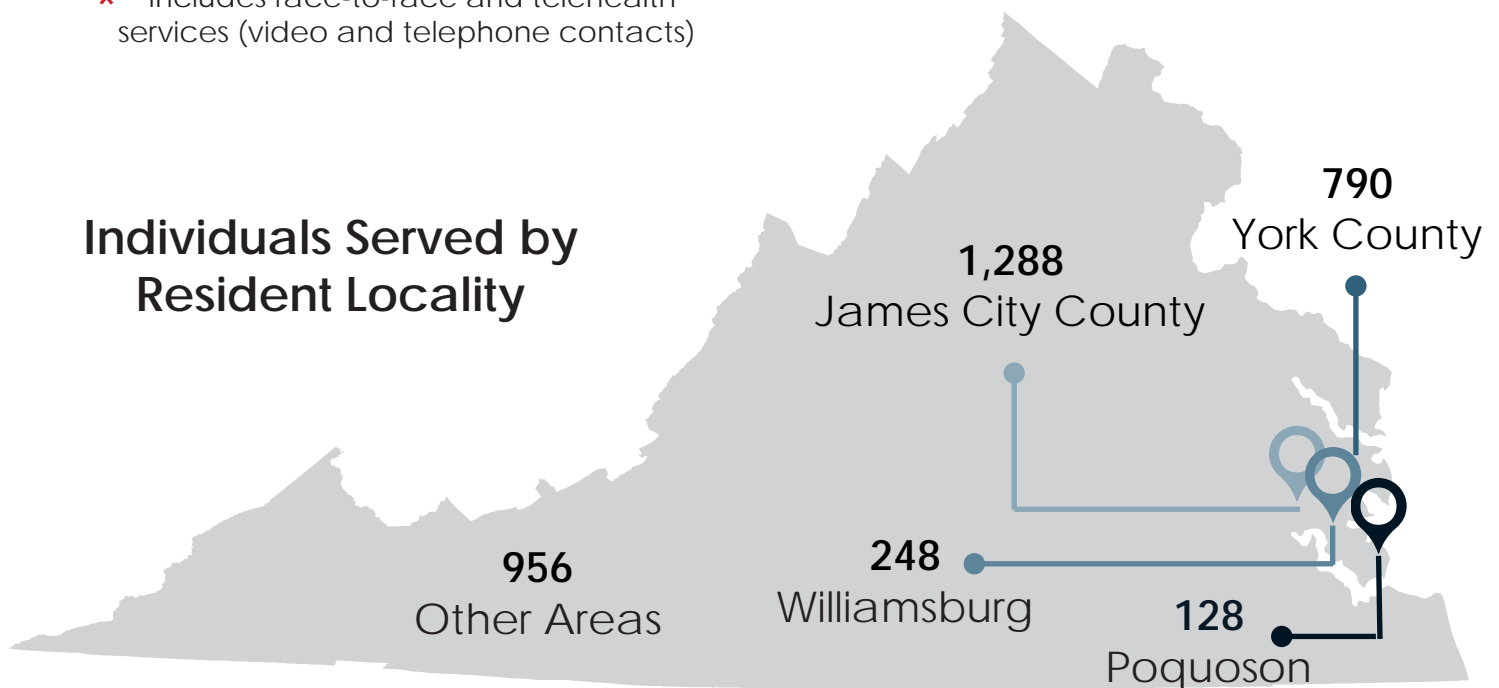
individuals received mental health services

**1210**

individuals received substance use disorder services

\* Includes face-to-face and telehealth services (video and telephone contacts)

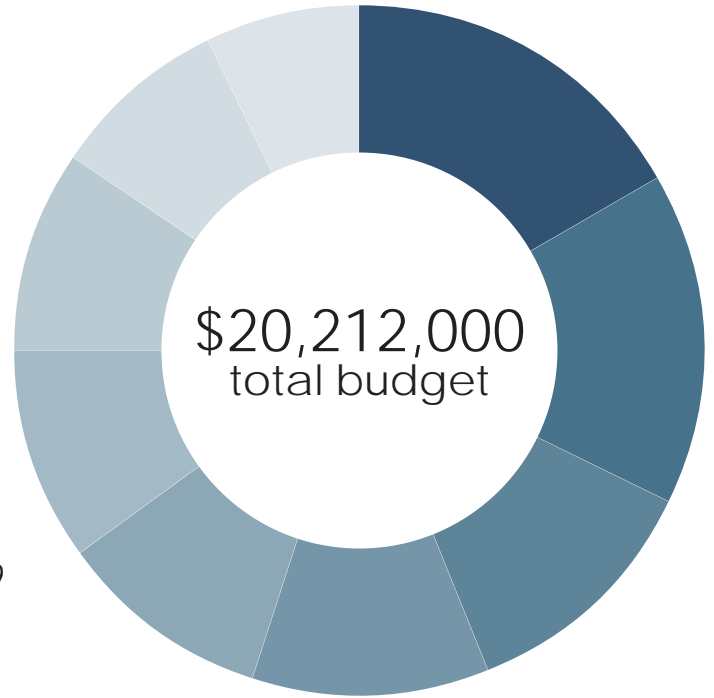
### Individuals Served by Resident Locality



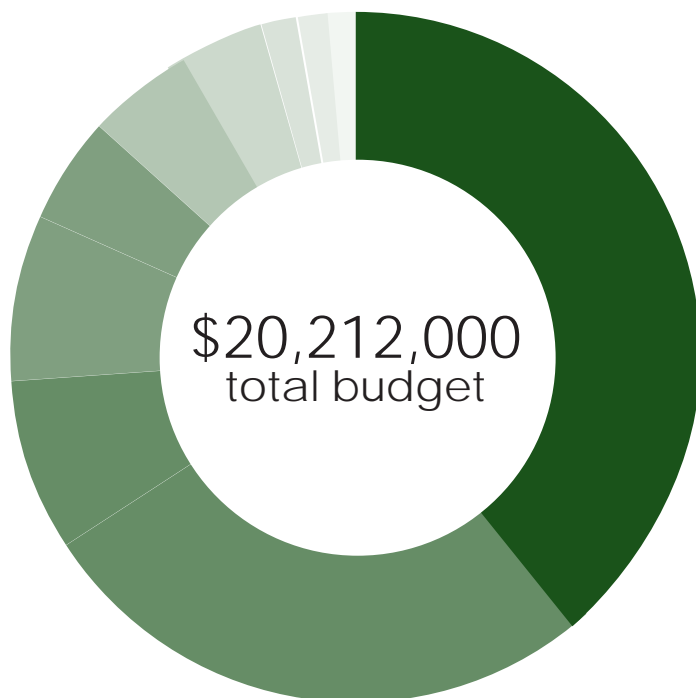
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## Spending

- Child & Adolescent Services \$3,716,784
- Community Support \$2,556,271
- Adult Outpatient Services \$2,542,107
- Day Support \$2,507,270
- Residential Services \$2,286,838
- Emergency Services \$2,112,807
- Medical Services \$1,607,635
- Assertive Community Treatment \$1,485,939
- Administrative \$1,396,348



## Revenue



- State Funding \$7,626,451
- Medicaid \$5,722,549
- James City County \$2,080,000
- Federal Funding \$1,104,622
- York County \$998,000
- Other Grants and Revenue \$885,189
- Fees \$845,189
- Williamsburg Health Foundation \$501,000
- City of Williamsburg \$259,000
- City of Poquoson \$190,000

# Executive Director's and Chairman's Message



David A. Coe

We here at Colonial Behavioral Health celebrated our 50th year of service delivery in 2021, making us one of the longest-standing service organizations in our four jurisdiction service area. Those members of our community who made up that first, small group of staff, first Board, and other “first” groups may look with some amazement as what has occurred since January 1971.

If we could walk back through those years a few at a time, we would most certainly experience times of exciting growth, but also just as many days of frustration, impatience and uncertainty about some legislative, regulatory, funding, or staffing change. The experiences of those days could be exhilarating one day and exasperating the next. But when viewed across the span of years, it has been quite a remarkable journey so far.

It is always tempting to allow our vision to be governed by the “tyranny of the urgent,” dealing simply with each crisis point in turn. However, while we must always deal effectively with crises as they occur, we must also address the issues that created the crisis – or determine how to avoid or minimize their reoccurrence. This is certainly true in clinical applications, but it applies to workplaces and communities as well. Moving forward requires us to take the “long view,” looking beyond the immediate crisis.

New strategies are required to implement new models of care, improve technology and facilities across our agency, and impact our community’s Social Determinants of Health (SDOH). We know that the solutions of yesterday (and even of today) are not sufficient to sustain our future. When we strike that position of balance between the “short” and “long” views, we will see our communities grow healthier and more resilient – one life at a time, one family at a time.



Dr. Alfred Brassel, Jr.

David A. Coe  
Executive Director

Dr. Alfred Brassel, Jr.  
Board Chair

## 2023 Board of Directors

### Officers

Dr. Alfred Brassel, Jr., Chair, York County  
Sheri Newcomb, Vice Chair, York County  
Ryan Ashe, Treasurer, James City County  
Hazel Braxton, Secretary, City of Williamsburg  
John Collins, Member at-large, York County

### Members

Denise Kirschbaum, James City County  
Erin Otis, James City County  
Roy Witham, James City County  
Donyale Wells, James City County  
Dr. Dawn Ide, City of Poquoson  
Wendy Evans, City of Williamsburg  
Reynaldo Carpio, York County  
Steven Miller, York County  
Kristen Nelson, York County



1657 Merrimac Trail  
Williamsburg • Virginia • 23185  
757-220-3200  
[www.ColonialBehavioralHealth.org](http://www.ColonialBehavioralHealth.org)