



## Admission and Referral

Individuals wishing to be considered for the Medication Stabilization Program should consult with their current CBH clinician.

## Staffing and Licensing

All clinical services are provided by professional staff, including licensed nurse practitioners, board-certified psychiatrists and nurses.

Programs are licensed through the Virginia Department of Behavioral Health and Developmental Services.

## Fees

Services are provided on a fee-for-service basis. Most insurance plans and HMOs are accepted. Persons without insurance coverage are charged according to ability to pay, which is based on income and dependents.

Wellness, Support & Recovery Services



# Colonial Behavioral Health

## Mission Statement

The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resiliency and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders.

Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.



## Medication Stabilization Program

**Williamsburg Offices:**  
1657 Merrimac Trail  
Williamsburg, VA 23185

**Phone:** 757-220-3200  
**Fax:** 757-229-7173  
**TTY:** 711

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921 Capitol Landing Road  
**Phone:** 757-253-4074  
**Fax:** 757-253-4018

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**York-Poquoson Office**  
3804 George Washington Hwy.  
Yorktown, VA 23692

**Phone:** 757-898-7926  
**Fax:** 757-898-4505

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**24-hour Behavioral Health Crisis**  
Phone: 757-378-5555

**[www.ColonialBehavioralHealth.org](http://www.ColonialBehavioralHealth.org)**  
Serving James City County, City of Poquoson,  
City of Williamsburg and York County



# Medication Stabilization Program



## Service Overview

Medication Stabilization is provided for individuals who are functioning independently in the community, clinically stable as seen by minimum need for other clinical supports and in need of psychiatric medication management to maintain this level of functioning.

## Description of Services

Individuals are expected to be seen at least every three months by the CBH psychiatrist or nurse practitioner. Upon admission, individuals should receive no other service from CBH, with the exception of Emergency Services, Short-Term Crisis Counseling or any limited service.

## Admission Criteria

- Individuals must be actively receiving and compliant with behavioral health services at CBH.
- The CBH referring clinician has completed a clinical assessment, and determined the individual is:
- Functioning independently in the community,
- Managing their personal recovery and self-determination
- Clinically stable with minimum support needs, and
- In need of medication management to maintain this level of functioning.

## Continued Stay Criteria

Individuals must be seen face-to-face by their licensed prescriber at least every 90 days.

## Exclusion Criteria

- New referrals who are requesting psychiatric services only
- Individuals who are not clinically stable and are requesting psychiatric services only
- Individuals who have had a psychiatric hospitalization or placement in a residential treatment center within the last 180 days, or 6 months
- Individuals who do not meet admission criteria

## Discharge Criteria

- When individuals become clinically unstable, they will be transferred to other CBH services.
- When individuals are noncompliant with admission and continued stay criteria, they will be discharged.