



Community Partners

Child Development Resources (CDR)

Providing services to young children and families and training and technical assistance for the professionals who serve them.

James City County Parks and Recreation

Poquoson, Williamsburg/James City County and York Public Schools

South-Eastern Family Project

A residential addiction treatment program providing clinical help to pregnant mothers with their addiction and emotional problems, while learning daily living and parenting skills.

SpiritWorks Foundation

Helping individuals and families sustain long term recovery from addiction, and children and youth live free from the intergenerational cycle of addiction in their families.

Other local and state agencies

Wellness, Support & Recovery Services



Colonial
Behavioral Health

Mission Statement

The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resiliency and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders.

Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.



Substance Use Disorder Services for Pregnant and Parenting Women

Williamsburg Offices

1651 Merrimac Trail
Williamsburg, VA 23185

921 Capitol Landing Road
Williamsburg, VA 23185

Phone: 757-220-3200

Fax: 757-229-7173

TTY: 711

York-Poquoson Office

3804 George Washington
Memorial Hwy.
Yorktown, VA 23692

Phone: 757-898-7926

Fax: 757-898-4505

TTY: 711

24-Hour Behavioral Health Crisis

Phone: 757-378-5555

www.ColonialBehavioralHealth.org

Serving James City County, City of Poquoson,
City of Williamsburg and York County



Services for Pregnant and Parenting Women



Serving the Mother

Pregnant women are given preference in admission to treatment and are seen within 48 hours of their request to reduce health risks to her and her unborn child.

Treatment choices include:

- Outpatient Women's Substance Use Disorder (SUD) Counseling Groups
- Counseling for relationships, sexual and physical abuse, and parenting issues
- Intensive Outpatient Program
- Referral to inpatient treatment through South-Eastern Family Project

Case Management Services:

- Helping establish eligibility for public assistance programs
- Assisting in arranging transportation for services
- Linking to child care providers during services
- Arranging for primary medical care, including prenatal care
- Linking to inpatient services

Serving the Whole Family

Both women and their children are provided treatment services as appropriate.

Treatment choices for children include:

- Developmental assessment and treatment services
- Services that address the child's experiences of abuse, neglect or trauma
- Intensive In-Home Therapy

Case Management Services:

- Helping families meet the needs of their children in their home community by identifying needs, developing services plans, coordinating service plans with other providers and monitoring services once they are in place.
- Accessing funding for housing, leisure, educational and respite needs for qualified families
- Arranging for pediatric care including immunizations

Admission and Referral

For admission and referrals, please contact the Central Access Screener at **757-220-3200** between 8 a.m. and 5 p.m.

Emergency services are also available 24 hours a day 365 days a year.

Staff

All services are provided by our clinically trained professional staff. Colonial Behavioral Health programs are licensed by the Virginia Department of Behavioral Health and Developmental Services.

Fees

Services are provided on a fee for service basis. Most insurance plans and HMOs are accepted. Persons without insurance coverage are charged according to ability to pay, based on income and dependents. No one will be denied services because they are unable to pay.