



## Pathways Vision

- Our services are planned with the person served, based on his or her needs, preferences and decisions, in partnership with the provider and family.
- Our services embrace the principles of recovery, empowerment and self-determination.
- The strengths and potentials of the persons served are the cornerstone of recovery
- Natural supports, hope and opportunity are vital to recovery.

## Satellite Offices

Counseling services are also available at designated local assisted living facilities.

Wellness, Support & Recovery Services



**Colonial**  
Behavioral Health

## Mission Statement

The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resiliency and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders. Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.



**Colonial**  
Behavioral Health

Wellness, Support & Recovery Services

## Pathways To Senior Empowerment

**Williamsburg Office**  
1657 Merrimac Trail  
Williamsburg, VA 23185

Phone: 757-220-3200  
TDD: 757-253-4377  
Fax: 757-229-7173

**Grafton Office**  
3804 George Washington Hwy.  
Yorktown, VA 23692

Phone: 757-898-7926  
Fax: 757-898-4505

Monday through Friday  
8:30 a.m. to 5 p.m.  
and by appointment

[www.ColonialBehavioralHealth.org](http://www.ColonialBehavioralHealth.org)

*Serving James City County, City of Poquoson,  
City of Williamsburg and York County*

# Pathways

## Program

Pathways, a behavioral health service of Colonial Behavioral Health, is committed to meeting the needs of our senior community.

The program adheres to strength based models of recovery, empowerment and self-determination.

We believe the foundation of success lies in our partnership with the unique strengths and potentials of the people we serve, their family members and their health care team.

## Accessing Services

Business hours are Monday through Friday, 8:30 a.m. to 5 p.m. Evening hours by appointment. Please call the Service Access Screener at 757-220-3200.

Emergency Services are available around the clock. Call 757-220-3200.

## Services

**Psychosocial and Psychological Assessment**

**Behavioral Health Service Planning**

**Case Management**

**Psychiatric Services**

**Counseling for Individuals, Couples and Groups**

**Psycho-Education**

**Behavior Management and Substance Abuse Interventions**

**Emergency Services**

## Clinicians

- **Daniele Longo, PhD**  
**Clinical Psychologist and Director of Behavioral Health:** Over 20 years in behavioral health care treatment and management
- **Guillermo Shrader, MD**  
Board certified psychiatrist providing geriatric psychiatric services
- **Leslie Brown Margeson, MSW, LCSW, Lead Geriatric Counselor:**  
Over 20 years of counseling experience meeting the behavioral health needs of older adults
- **Deborah Elder, MSW, Geriatric Case Manager, Certificate in Gerontology:** Over 5 years of experience meeting the case management needs of older adults
- **Stephanie Savage, LPC, LSATP**  
**Lead Clinician for the Intensive Outpatient Program:** serving older adults with substance use and co-occurring disorders