



Child and Family Services

Colonial Behavioral Health (CBH) provides a full continuum of services to children, adolescents and their families.

Services include:

- Intake/Initial Assessment
- Outpatient Counseling
- Case Management
- In Home Services
- Psychiatric Services
- Crisis Services
- Co-occurring Services
- Prevention
- Trauma-Focused Cognitive Behavioral Therapy

Eligibility

Children or adolescents age birth to 22, who are experiencing developmental, emotional or behavioral issues and who live in James City County, City of Poquoson, City of Williamsburg and York County are eligible for services.

**To schedule an appointment
call 757-253-4074**

Wellness, Support & Recovery Services



**Colonial
Behavioral Health**

Mission Statement

The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resiliency and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders. Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.



Child and Family Services

Williamsburg Office

921 Capitol Landing Road
Williamsburg, VA 23185
Phone: 757-253-4074

Grafton Office

3804 George Washington Hwy.
Yorktown, VA 23692
Phone: 757-898-7926

24-hour Behavioral Health Crisis
Phone: 757-220-3200

www.ColonialBehavioralHealth.org

*Serving James City County, City of Poquoson,
City of Williamsburg and York County*



Child and Family Services



Services

Counseling: short-term, individual, family and group counseling that focuses on improving relationships, addressing trauma and daily living issues

Crisis Services: for families experiencing immediate distress and traumatic experiences, available 24 hours a day, 7 days a week

Intensive In-Home Services: supporting and empowering families in the home environment, services are provided frequently throughout the week

Psychiatric Services: psychiatric and medication support services

Co-occurring Counseling: assessment and treatment for youth with mental issues engaged in alcohol or substance use

Trauma-Focused Cognitive Behavioral Therapy: a program for children and caregivers of children who have experienced trauma

Case Management: helping families meet the needs of their children in their home community by aiding in resource identification and service planning

Prevention: substance use disorders and violence prevention groups are offered in area schools and community settings

Greater Williamsburg Child Assessment Center: assessment and resources for families related to behavioral health

Accessing Services

Intake/Initial Assessment

A family first meets with a licensed therapist who gathers information and helps the family assess their needs.

The therapist identifies services that may be helpful to the family, such as:

- Counseling
- Case Management
- Psychiatric services
- Additional community resources

Staff

All services are provided to you and your family by our clinically trained professional staff. Colonial Behavioral Health programs are licensed by the Virginia Department of Behavioral Health and Developmental Services. Clients and their families are encouraged to participate in service planning and decisions about their care. All services are confidential.

Fees

Services are provided on a fee for service basis. Most insurance plans and HMOs are accepted, including Medicaid. Persons without insurance coverage are charged according to ability to pay, based on income and dependents. No one will be denied services because they are unable to pay.