



## Adolescent Substance Use Disorder Services

Colonial Behavioral Health (CBH) provides a full continuum of services to children, adolescents and their families.

### All Adolescent SUD services are:

- Developmentally appropriate
- Based on known practices
- Rooted in change theory
- Focused on the total person
- Engaged with the adolescent, family and support network to encourage recovery

### Eligibility

Adolescents who are experiencing difficulty with substance use or related issues who live in James City County, City of Poquoson, City of Williamsburg and York County are eligible for services.

**To schedule an appointment  
call 757-253-4074**

Wellness, Support & Recovery Services



# Colonial Behavioral Health

### Mission Statement

The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resiliency and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders. Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.



## Adolescent Substance Use Disorder Services

### Williamsburg Office

921 Capitol Landing Road  
Williamsburg, VA 23185  
Phone: 757-253-4074

### Grafton Office

3804 George Washington Hwy.  
Yorktown, VA 23692  
Phone: 757-898-7926

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24-hour Behavioral Health Crisis  
Phone: 757-220-3200

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[www.ColonialBehavioralHealth.org](http://www.ColonialBehavioralHealth.org)

*Serving James City County, City of Poquoson,  
City of Williamsburg and York County*



# Adolescent Substance Use Disorder Services



## Services

Adolescence is a time of rapid growth and change. While this time can be exciting, it also is a time when risky behaviors can occur. Adults with addictions frequently report that their use began in adolescence. Adolescents impacted by substance use disorders and their families require comprehensive services to address their ever changing treatment needs.

Colonial Behavioral Health provides a variety of services with differing levels of intensity to individualize their treatment plan.

### Services provided include:

#### Assessment:

includes a thorough assessment by licensed professionals of substance use issues as well as mental health and developmental issues

#### Counseling:

individual, family and group counseling that improves living skills and addresses recovery issues

#### Crisis Services:

for adolescents and families experiencing immediate distress due to substance use disorders and co-occurring issues

#### Intensive In-Home Services:

supporting and empowering families in the home to address substance use disorders and develop supportive recovery environments

#### Psychiatric Services:

psychiatric and medication support services for co-occurring disorders

#### Trauma-Focused Cognitive Behavioral Therapy:

a program for children and caregivers of children who have experienced trauma

#### Case Management:

helping families meet the needs of their adolescent in their home community with resource development

#### Prevention:

substance use disorders and violence prevention groups are offered in area schools and community settings

#### Greater Williamsburg Child Assessment Center:

assessment and resources for families related to behavioral health

## Staff

All services are provided by our clinically trained professional staff. Colonial Behavioral Health programs are licensed by the Virginia Department of Behavioral Health and Developmental Services. Clients and their families are encouraged to participate in service planning and decisions about their care. All services are confidential.

## Fees

Services are provided on a fee for service basis. Most insurance plans and HMOs are accepted, including Medicaid. Persons without insurance coverage are charged according to ability to pay, based on income and dependents. No one will be denied services because they are unable to pay.