



Mental Health Day Support Services

People's Place Psychosocial Program is a recovery-based clubhouse model day support program. The program serves individuals who have serious mental illness and co-occurring mental illness-substance use disorders. People's Place offers a range of structured activities and supports designed to help members maximize their potential. The philosophy is to offer each member a sense of importance, ownership and empowerment. The program focuses on wellness, member strengths and potential through assessment and person-centered planning. People's Place strives to facilitate member empowerment, community integration and independent living. All referrals are made through case management services for membership.

Wellness, Support & Recovery Services



Colonial Behavioral Health

Mission Statement

The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resiliency and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders. Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.



Colonial Behavioral Health

Wellness, Support & Recovery Services

People's Place

Busch Industrial Park
111 Warwick Ct.
Williamsburg, VA 23185

Phone: 757-253-4382
Fax: 757-253-4392

Monday through Friday
8:30 a.m. to 4:30 p.m.

www.ColonialBehavioralHealth.org

*Serving James City County, City of Poquoson,
City of Williamsburg and York County*



People's Place

Groups

People's Place assists members by developing and supporting personal living skills, social skills, community integration and a healthy and fulfilling life.

Therapeutic:

- Social skills
- Assertiveness Training
- Conflict resolution
- Communication
- Self-esteem

Support:

- Wellness and Recovery (WRAP)
- Women's issues
- Men's issues
- Symptom Management

Community Living:

- Community Integration
- Voting
- Budgeting
- Socialization

Personal:

- Independent living skills
- Hygiene and Grooming
- Finance
- Cooking

Leisure:

- Social opportunities
- Interest development
- Outings
- Special Events
- Creative Arts

Leadership:

- Leadership Development
- Public Speaking
- Empowerment
- Training Opportunities
- Consumer Association Involvement

Services

People's Place assists members to develop skills through training in food service, clerical, retail and community participation.

Clerical Service Unit: develops office management planning and follow-up skills.

- Receptionist skills
- Record keeping
- Newsletter contribution
- Computer skills

Retail Unit: develops basic financial skills and customer service training through an in-house canteen.

- Cash register
- Inventory control
- Customer service
- Financial skill development

Food Service/Breakfast Unit:

develops food service and preparation skills through budget analysis, hands on training and familiarization with Health Department Regulations.

- Menu planning
- Obtaining a Food Handler's Card
- Food preparation
- Serving
- Operations and appliances
- Customer Service and Sales

Volunteer Service Unit: develops interpersonal skills, increases employment eligibility and enhances quality of life.

- Volunteer work at the Humane Society
- Community involvement
- Job readiness