

Connections

Connections is Colonial Behavioral Health's community based residential program for adults with Intellectual Disability (mental retardation).

Connections provides personal, social and behavioral skills training for adults with intellectual disabilities in order to help them improve the quality of their daily lives.

Connections currently operates three apartments in an apartment complex in the community and one house located in a quiet residential neighborhood. Current capacity is limited to sixteen residents.

Connections provides a continuum of individualized residential support that is available 24 hours a day, 365 days a year.

Connections is licensed by the Virginia Department of Behavioral Health and Developmental Services (DBHDS). Individuals enrolled in the program are assured confidentiality and other essential client rights.

Wellness, Support & Recovery Services



Colonial
Behavioral Health

Mission Statement

The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resiliency and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders. Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.



Colonial
Behavioral Health

Wellness, Support and Recovery Services

Connections

Intellectual Disability Residential Services

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*Serving James City County, City of Poquoson,
City of Williamsburg and York County.*



Connections



The Program

Connections focuses on facilitating community integration, independent living and self empowerment.

Training activities and specialized safety supports as appropriate are provided to assist the individual resident to acquire, improve or retain his or her health status, abilities to perform daily living tasks, use of community resources and adaptive skills.

Opportunities for peer interaction, community involvement and social interactions are also available.

Services

Connections provides the following services:

- Skills Assessment
- Person Centered Planning
- Resident Supervision and Support

Connections offers planned structured services and supports in many skills training areas based on individual preference and need.

Examples of areas in which training is provided include:

- Developing abilities related to personal/self care
- Developing social and environmental awareness
- Developing abilities to use community resources
- Developing positive behaviors in a variety of environments

Service Planning

Specific goals, outcomes and support strategies based on the individual's preferences, strengths and potentials are identified and agreed upon by the resident, Connections staff and other members of the resident's service planning team.

All planned service activities are designed to empower each resident to achieve their goals and objectives while also ensuring each resident's health, safety and well being.

Fees

Individuals participating in Connections must have a Medicaid Waiver slot. The Medicaid Waiver provides funding for the training and supports provided at Connections. In addition, each resident is assessed a monthly program fee to cover room and board costs. This fee is based on the individual resident's income.